

**Dr. H.R. Gajwani College of**  
**EducationAdipur**

**Postgraduate Diploma**  
**in**  
**Guidance & Counseling**  
**(PGDGC) 2022-23**

## *Semester wise distribution for Assessment*

### *Frame work for PGDGC course*

#### *Semester I*

Course Code	Name of Course	Total Hours	Credit	Total		
				College Assessment	University Assessment	Total
I	Growth & Development I	30	02	15	35	50
II	Organization and Administration of Guidance Services I	30	02	15	35	50
III	Personality and Psychopathology I	30	02	15	35	50
IV	Counseling and Psychotherapy I	30	02	15	35	50
V	Basic Counseling Skills Training and Personal Growth Laboratory I	30	02	15	35	50
VI	Practicum-I Viva-Voce Test-I	60	02	50	-	50
			02	-	50	50
Total		210	14	125	225	350

#### *Semester II*

Course Code	Name of Course	Total Hours	Credit	Total		
				College Assessment	University Assessment	Total
I	Growth & Development II	30	02	15	35	50
II	Organization and Administration of Guidance Services II	30	02	15	35	50
III	Personality and Psychopathology II	30	02	15	35	50
IV	Counseling and Psychotherapy II	30	02	15	35	50
V	Basic Counseling Skills Training and Personal Growth Laboratory II	30	02	15	35	50
VI	Practicum-II Viva-Voce Test-II	60	02	50	-	50
			02	-	50	50
Integration		60	04	100	-	100
Total		270	18	225	225	450



**Note:-**

- **1 credit –15 hours**
- **Total 32 credits – 480 Total Hours**

Semester	Theory		Practical Credits		Total credit	
	Credits	Hours	Credits	Hours	Credits	Hours
<i>I</i>	10	150	04	60	14	210
<i>II</i>	10	150	08	120	18	270
	<b>20</b>	<b>300</b>	<b>12</b>	<b>180</b>	<b>32</b>	<b>480</b>

- **Saturday : 4.00pm- 8.00p.m**
- **Sunday : 9.00am – 1.00p.m**

### **Different Psychological Test**

- Intelligence Test
- Personality Test-Raven Matrix, Enneagram, MBTI Mayer Briggs Type Indicator Self- Test Personality.
- Aptitude Test
- Interest Test
- Value Test
- Emotional Intelligence Test
- Sociometric Test
- Anxiety Test
- Adjustment Inventory
- Self Esteem Test
- Life Skills
- REBT Rational Emotive Behavior Therapy

### **Internal Work**

- Assignment for each subject
- Semester I Practical
- Semester II Practical
- Integration course – Reflective Journal
- Internship

★ In course V students in the basic skill and personal growth lab will be assessed.

## **Practical**

### **Paper I**

1. Assignment on understanding Adolescent
2. Assignment on Disabilities
3. Characteristics of all stages of development up to adolescent period.
4. Adulthood Result of development up to adolescent period.
5. Case study of gifted children.

### **Paper II**

1. Assignment on Educational guidance
2. Assignment on pre vocational Development
3. Vocational development at all stages of development
4. Psychological test and report writing
5. Development of sociogram

### **Paper III**

1. Identification of Psycho pathological factors from Verbatim
2. Assignment on Integrating Personality
3. Case study

### **Paper IV**

1. Assignment on case History
2. Assignment on behavior Modification technique
3. Worksheet on REBT  
REBT Rational Emotive Behavior Therapy
4. REBT Rational Emotive Behavior Therapy -verbatim

### **Paper V**

1. Counseling Skills  
(Silence, attending, listening , empathy, confrontation, self-disclosure)